

# Could This Famous FAT Man Who Drank Like a Fish, Smoked Like a Chimney and Ate All the Wrong Foods...

*Hold the Key To Living a Long and Healthy Life?*

**STOP** massive yo-yo dieting  
**STOP** starving yourself, and  
**START** taking steps to **LIVE LONGER.**

“Harvard's landmark studies have proven to me that daily use of Resveratrol can preserve strong arteries, maintain healthy blood pressure levels, PLUS potentially increase your life span up to 42% longer -- even if you are ten... fifteen...even twenty pounds overweight!”

~Dr. William S. Gruss, MD - Cardiologist and Internist

**Guaranteed to Work For You—Like It's Done for the French for Centuries—Or Your Money Back!**  
**See page 22 inside...**





Dear Friend,

What I am about to tell you will be a breath of fresh air to many... and to others it will **shock** and **disrupt** the foundation of their core beliefs. ***But it has to be said!***

Here it goes:

Say GOOD-BYE to yo-yo dieting.

GOOD-BYE to starving yourself and eating lettuce like a rabbit.

GOOD-BYE to exercising like a maniac.

And here's why... I often have patients in their 30s, 40s and 50s who beg me for the magic diet pill. Many are overweight but NOT obese. Bottom line: They want to look like fashion models or the action heroes they see on TV and in the movies. I tell them all the same thing.

*"People naturally come in all shapes and sizes. Your goal should be to find a comfortable weight that fits your frame. Stop getting caught up on fitting a Hollywood stereotype. Chasing that impossible dream can KILL you."*

Hi, I'm Dr. William S. Gruss M.D., cardiologist and internist, and I'm known as one of the world's leading medical advocates for resveratrol and antioxidants. And if you were my patient right now in my office I would tell you this:

"You should focus on what YOU have control over, and that's putting your energy into staying healthy and living longer and stop chasing the miracle diet pill (I'll explain why very shortly)."

You see, I am about to reveal to you eye-opening ground-breaking health news that could make your dream of living a healthier life a reality.

But first I need you to go back in history and meet two important men, first meet **Winston Churchill**, Great Britain's Prime Minister.

## The Fat Man's Secret

He was one of the world's greatest orators and politicians who helped change the course of history. "Winnie" - as his friends affectionately called him - was not only obese, but smoked incessantly, over ate and continually drank like a fleet of sailors on a weekend leave. And yet, he lived to 91 years of age.

The second man I want to tell you about is Jim Fixx. Remember him? Back in the 80's he was the long distance running guru and best selling author of the book, *"The Complete Book of Running"*. To look at this lean, mean, running machine you'd think he was the picture of perfect health. *Well, looks can be deceiving.* And that's because at age 52, Jim suddenly dropped dead of a massive heart attack while going on a simple four mile run in



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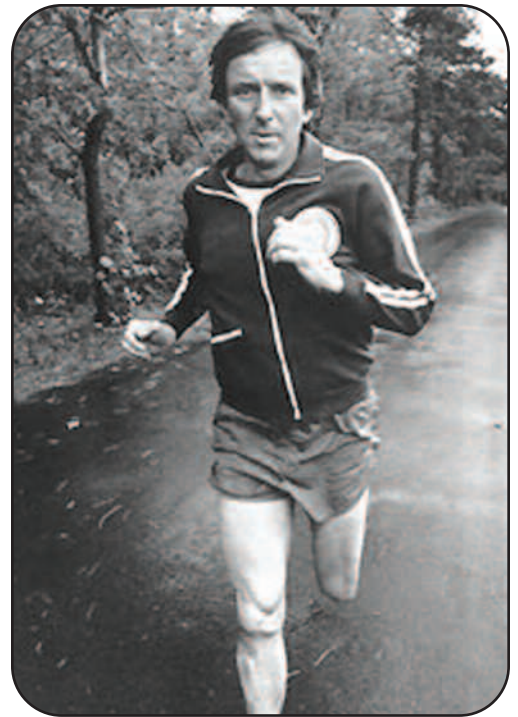
Hardwick, Vermont. Not to mention that he had three other prior attacks before his untimely death.

Two men with two completely different lifestyles. **Jim Fixx** won many marathons and was considered by society's standards a very fit physical specimen. And while Churchill probably huffed and puffed just climbing the stairs, he was in essence - healthier... A LOT healthier... **so much so that he outlived Fixx by 39 years!**

Now are you ready for this? **Jim Fixx's autopsy revealed that cholesterol had blocked one coronary artery 95%, a second 85%, and a third by 50%.**

How was this possible? And in case you're wondering... yes, genetics does have a lot to do with longevity. BUT as you will soon discover in the next few pages... that's just part of the whole story.

BUT first, let me ask you...



## **What's Better? Being Physically Fit or Healthy?**

### **The Answer Might Surprise You!**

For now, you should take into consideration your own health habits and background. If you find yourself continually on the up and down merry-go-round of trying different diets and getting discouraged – don't be! Being “fashion model thin” – especially when you're over 40 – should not be your goal.

### **Warning! Thin is “NOT” In!**



Need further proof? Well, last year, two models from Uruguay, Elias Ramos, 18 and her 22 year-old sister, Luise, both emaciated looking, died within months of each other of apparent heart failure.

Model, Ana Carolina Reston, 21, also died of a heart attack back in '06 from a generalized infection caused by anorexia.

Were these girls starving themselves? Well, you be the judge!

And let's face the truth, shall we? We're not kids anymore and it gets harder and harder with age and a slowing metabolism to actually lose those stubborn pounds - not to mention keeping them off. I am here to tell you that striving to get “Hollywood Celebrity thin” is NOT necessarily the panacea you think it is for long term health.

**Over Please...**

**Call Toll-Free 1-800-482-6679**

But don't take my word for it. According to Joanne Ikeda, co-director of the UC Berkeley Center for Weight and Health,

*"... if a person has normal blood pressure, if their cholesterol and glucose levels are normal and they are healthy, there is no reason they should necessarily have to lose weight. There is a subset of people who are meant to be large people."*

My friend, I know better than anyone this is true. I am not built like a Hollywood Model or Action Hero by any stretch of the imagination. I never have been.

No matter how I exercise and diet, at over 40 I know I'll never look like Tom Cruise or Bruce Willis. My weight and shape is what it is. I know it... and I accept it. Of course, I don't believe in letting oneself go. Moderation is a good rule of thumb, don't you agree?

And because it is, I advise my patients to put their energy into improving their overall cardio health - *the right way*.

That means:

- ▶ **Number #1:** Eat intelligently, but passionately, stop calorie counting and occasionally eat those scrumptious desserts you love.
- ▶ **Number #2:** Implementing an exercise program that suits your body without straining yourself. Walking two to three times a week for 20 minutes is one of the easiest ways. And most of all...
- ▶ **Number #3:** Practicing a strong defense against heart disease and free radical damage by taking the optimal anti-aging supplement on the market today: **Revatrol**.

And this is precisely why I couldn't sleep if I didn't share with you what I feel is...

## The Single Most Important Anti-Aging Discovery of the Last Ten Years!



Here's what happened: Late last year, the world renowned Harvard Medical School released news of a breakthrough study on a key ingredient in Red Wine – **Resveratrol**.

According to Dr. David Sinclair of the Harvard Medical School Study... "It's the Holy Grail of aging research."

So when the results from this **Harvard Medical School study on Resveratrol, which may have revealed the secret to living 42% longer and a lot healthier** were released, it spread like wild fire all over the world.

Literally hundreds of major TV news stations, newspapers, and news magazines in dozens of languages around the world picked up the story, many of which sought my thoughts on the implications.



The fact is, this was purely an animal study and doesn't really tell us much more than what many of us in the medical industry already suspect which is... **Resveratrol may be the single best anti-aging supplement ever discovered by science.**

## **But - All Resveratrol Is Not the Same!**

*See the value for yourself...*

# **Only *Revatrol* gives you the HIGHEST potency and quality!**

Brand Name	Red Wine Extract	OPC Level	Essential Resveratrol <sup>1</sup>	Alpha Lipoic Acid	Acetyl.-L-Carnitine	Quercetin
<b><i>Revatrol</i></b> <sup>™</sup>	<b>100mg</b>	<b>95%</b>	<b>100mg</b>	<b>100mg</b>	<b>100mg</b>	<b>100mg</b>
Longevinex <sup>™</sup>	100 mg	15%	NA	None!	None!	None!
French Paradox—Arkopharma <sup>™</sup> (seed/skin combo)	250mg	2%	None!	None!	None!	None!
Doctor's Best Best French <sup>™</sup> Grape Extract (seed/skin combo)	60mg	NA	NA	None!	None!	None!
Veriuni Red Wine Extract <sup>™</sup>	50mg	NA	NA	None!	None!	None!
Red Wine Extract/Natural Elixir <sup>™</sup>	200mg	NA	NA	None!	None!	None!
Resvert <sup>™</sup>	25mg	NA	25mg	None!	None!	100mg
Red Wine Plus/NAC Vitamin Co <sup>™</sup>	NA	NA	NA	None!	None!	None!

NA = Not available, \* Information based on websites of these products, \*\*Resvert contains 100mg of Proanthocyanadins, \*\*\*Longevinex contains 25mg Rice Bean Extract (phytic acid), 100mg lecithin, and gelatin, <sup>1</sup>Elemental content

**There's no question about it—*Revatrol* gives you the most power for your money.  
Call 1-866-482-6678 or turn to page 23 now to get the best price per box.**

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## **We're talking about how long you're going to live!**

While I believe that human studies will eventually prove me correct, all we have for now with regards to humans is the anecdotal stories that have circulated over the past 30 years about the benefits of moderate red wine consumption.

The most famous anecdotal example was, of course, the CBS *60 Minutes* feature story on the "Red Wine Paradox" back in the late 1970s, which attempted to address why people in France can eat such a high fat diet, smoke and drink what they like and still live so much longer and healthier.

*Over Please...*

**Call Toll-Free 1-800-482-6679**

**“After six months, resveratrol essentially prevented most of the negative effects of the high calorie diet (in mice)...”**

**- Dr. Rafael de Cabo,  
according to [www.nih.gov](http://www.nih.gov)**

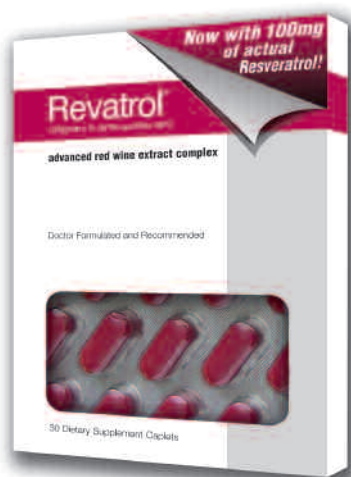
Here’s the clincher: Since the airing of the *60 Minutes* story and other anecdotal case studies over the years, moderate wine consumption has been recommended by many very reputable cardiologists and physicians around the world, as well as me, for decades.

So, when the opportunity to help develop *Revatrol* arose, I jumped at it. But...**I insisted on three very fair, but iron clad, guarantees from the makers of *Revatrol*, Renaissance Health Publishing, LLC.**

## **I believe *Revatrol* is the best anti-aging formulation available and it has my involvement and endorsement.**

**First**, I insisted that *Revatrol* HAD to contain the highest possible bio-flavonoids called oligomeric proanthocyanidins – or OPCs.

OPCs are VERY IMPORTANT because they fight free radicals that cause accelerated aging and are crucial for supporting healthy circulation and strengthening capillaries.



But you need a high concentration of OPCs in your body to get the full benefit!

So, the higher the percentage of OPCs you take... the more of the active ingredient you get... and the more powerful the free-radical neutralizers you get working in your body.

And here’s the part you should find very interesting: The highest amounts of OPCs are found in red wine. (They are also found in most berries, turmeric, apples and even dark chocolate... but they are the highest in red wine.)

Most brands of red wine supplements that compete with *Revatrol* have 5% of OPCs at best. Some, I’ve found, have only a disgraceful TWO PERCENT, but...

*Revatrol* has the most OPCs I’ve ever seen offered – an astonishing 95%!

**Second**, *Revatrol*'s formulation had to include three anti-oxidants that I consider key to anti-aging and better health: Alpha Lipoic Acid, Acetyl-L- Carnatine and Quercetin.

- **Alpha Lipoic Acid** is one of nature's most versatile antioxidants with two important jobs: First, it neutralizes free radicals which help protect your brain, eyesight, liver and overall energy level. Alpha lipoic acid is a key brain protector because it is BOTH water and fat soluble, so it can get to

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## The French Paradox: 2-3 glasses of wine a day reduced death rates by 30%!

“Paris (AP World News) 19 February 1998 – “The French scientist who showed the world that wine is good for the heart has a new discovery. Two to three glasses of wine a day reduce death rates from all causes by up to 30 percent. Serge Renaud states in the *Journal of Epidemiology*, ‘wine protects not only against heart disease, but also against most cancers.’ His study of 34,000 middle-aged men living in eastern France supports what has become known as the ‘French Paradox.’”

“Frenchmen eat lots of saturated fats, but still live a long time. The results were the same for smokers, nonsmokers and former smokers, he said. There were no differences between white-collar and working-class drinkers. In addition, recent studies in the United States found that a drink of almost any alcohol can lower death rates by reducing the risk of cancer disease. Renaud, however, maintains that wine is the answer. It acts against heart ailments in cancers because of its antioxidant action of the polyphenol compounds in the grapes (the OPCs or proanthocyanidins). He warns, however, ‘wine is a more diluted form of alcohol and must be taken in moderation. After four glasses a day, wine has an adverse affect on the death rates and, although it still protects the heart, excess drinking raises the dangers of cancers and liver disease.’”

**In the *Epidemiology* article, Renaud reported a 30 percent reduction in death rates from all causes from two to three glasses of wine per day, a 35 percent reduction from cardiovascular disease, and a 24 percent reduction from cancer.**

He is a cardiologist who works with the prestigious Inserm Unit at the University of Bordeaux. His book, *Healthy Diet*, is popular in France.”

**Simply Stated, *Revatrol* gives you the equivalent of resveratrol found in 50 bottles of red wine - in one pill!**

all places in the body, including your brain, where it can protect you from a free radical attack.

Second, alpha lipoic acid rejuvenates exhausted antioxidants like vitamins E and C, and coenzyme Q-10. For example, alpha lipoic acid replenishes vitamin E as it is used up fighting free radicals oxidizing LDL “bad” cholesterol. Once replenished, the vitamin E can get back to doing its job to squash free radicals. <sup>(1)</sup>

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It has also been shown to improve blood flow to peripheral nerves and stimulate the regeneration of new nerve fibers - this is important for people who have to constantly worry about the side effects of unbalanced blood sugar levels.

- **Quercetin** is another powerful antioxidant that occurs naturally in red wine. It's found in the grape seed, whereas resveratrol is found in the grape skin.

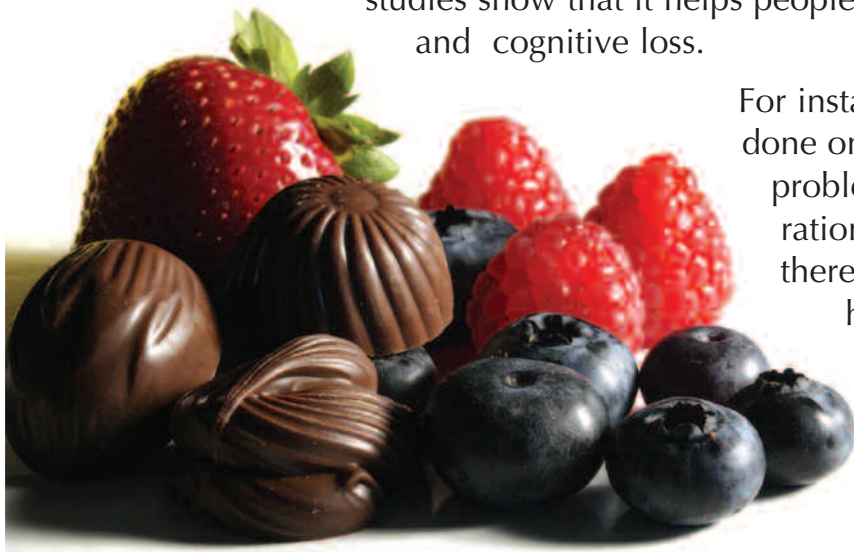
Quercetin has many of the same properties as resveratrol, and when they are combined together, quercetin makes resveratrol work better in your body by increasing bio-availability!

That's great because resveratrol has a tough time on its own getting into the body. Quercetin, just like in a glass of wine, helps get it to work more efficiently. Quercetin also has some other important qualities such as reducing chronic pain in some types of non-bacterial prostatitis.<sup>2</sup>

Many other red wine extract products leave out this important ingredient, making them much less effective than **Revatrol** which has just the right formula to get you the maximum benefits. You won't find resveratrol and quercetin together in most other formulas!

- **Acetyl-L-Carnitine** helps your heart and brain by transporting fats into the "engine" powerhouse of each cell - your mitochondria - where the fat is burned for energy. This natural energy keeps your body moving and your heart pumping strongly. Simply put...you can't burn fat without it!

Acetyl-L-Carnitine also has potent antioxidant activity. Several gold standard studies show that it helps people who've had strokes, advanced memory and cognitive loss.



*It's like having a constant supply of reinforcement soldiers that are always ready and able to take over so there's a fresh fighting force!*

For instance, a double-blind placebo study was done on 130 patients with advanced cognitive problems. It followed their progress or deterioration for a year straight. At the end of the year, there was a statistically significant difference in how these patients scored on their logical intelligence, long-term verbal memory and attention. <sup>(3)</sup>

Another double blind placebo study showed that acetyl-L-carnitine can help support good concentration and attention. <sup>(4)</sup>

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## Unique 95% OPC Formulation Delivers the Equivalent of 50 bottles.

**Third**, I wanted to be able to change *Revatrol* at any time if I believed the change would be an improvement.

Thanks to a lot of hard work and research, *Revatrol* now contains **100mg of actual Resveratrol, the equivalent of 50 bottles of red wine.**

I like this amount of 100mg of Resveratrol in concert with the 95% OPC content, **Alpha Lipoic Acid, Acetyl-L-Carnitine and Quercetin.** While it is not equivalent to the 750 to 1500 bottles a day fed to the mice (can you imagine that much?) used in the Harvard Medical School study, it is a formulation I believe, as a physician and cardiologist, that makes sense.

Studies suggest that resveratrol increased mitochondrial biogenesis leading to increased exercise endurance and protection from diet induced obesity. There was a loss of weight due to decreased fat, and this was attributed to an increase in the number and function of mitochondria. There also was improved insulin sensitivity and an increased metabolic rate. **It actually switches on the genes that repair DNA and helps you avoid the bad effects of a calorie-laden, high fat diet.**

This new formulation of *Revatrol* contains no alcohol, no sugar, and no calories and has no side effects. Just one caplet a day is designed to help you fight fatigue and feel more energized, protect your heart and arteries, and maintain better cholesterol levels while also keeping your skin looking firm, fresh and vibrant; benefits all associated with moderate red wine consumption and the anti-oxidant formulation in *Revatrol*.

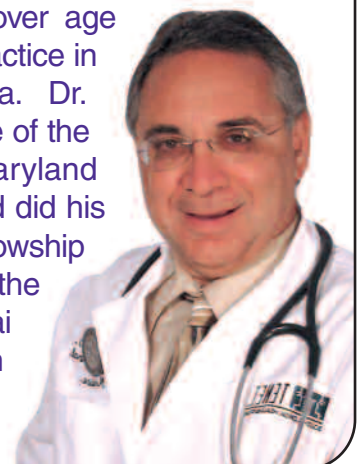
Order your *Revatrol* today by turning to page 23 now or call the convenient toll-free number, 1-866-482-6678 to get your supply even faster.

Dr. William S. Gruss, MD.  
For Renaissance Health Publishing, LLC

### About William S. Gruss, M.D.

Dr. Gruss is a well-respected Internist and Cardiologist who specializes in cardiac care for patients who suffer from chronic heart problems, high cholesterol and blood pressure, and diabetes. Research has convinced Dr. Gruss that the right nutrients combined with a healthy lifestyle can help you live longer and live your life to the fullest well into your 80s and 90s.

Dr. Gruss is Board Certified in Internal Medicine and treats mostly patients who are over age 50 at his private practice in Boca Raton, Florida. Dr. Gruss is a graduate of the University of Maryland Medical School and did his residency and Fellowship in Cardiology at the prestigious Mt. Sinai Medical Center in Miami.



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# Eye-Opening Harvard Medical School Study: Red Wine Extract Key to Longer Life!

Is there really a magic bullet in the search for a legitimate anti-aging answer? Researchers at the *Harvard Medical School* and the *National Institute on Aging* report that a natural substance found in red wine, known as resveratrol, offsets the bad effects of a high-calorie diet in mice and significantly extends their lifespan.

NOTE! Their report, published online recently in *Nature*, implies that very large daily doses of resveratrol could offset the unhealthy, high-calorie diet thought to underlie the rising toll of obesity in the United States and elsewhere, if people respond to the drug as mice do.

Resveratrol is found in the skin of grapes and in red wine and is conjectured to be a partial explanation for the French paradox, the puzzling fact that people in France enjoy a high-fat diet yet suffer less heart disease than Americans.

The researchers fed one group of mice a diet in which 60 percent of calories came from fat. The diet started when the mice, all males, were a year old, (which is middle-aged in mouse terms.) As expected, the mice soon developed signs of impending diabetes, with grossly enlarged livers, and started to die much sooner than mice fed a standard diet.

Another group of mice was fed the identical high-fat diet but with a large daily dose of resveratrol (far larger than a human could get from drinking wine).

Three important things occurred:

- The resveratrol did not stop them from putting on weight and growing as tubby as the other fat-eating mice,
- It averted the high levels of glucose and insulin in the bloodstream, which are warning signs of diabetes,
- And it kept the mice's livers at normal size.

Remarkable! High-Fat Diet  
Still Extends Life Span!

Even more striking, the substance sharply extended the mice's lifetimes. Those fed resveratrol along with the high-fat diet died many months later than the mice on high fat alone, and at the same rate as mice on a standard healthy diet. They had all the pleasures of gluttony but paid none of the price.

Fact! Scientists have long known that a moderate intake of alcohol and red wine in particular, is associated with a lowered risk of heart disease and other benefits. *More recently, scientists began to suspect resveratrol had particularly powerful effects and began investigating its role in lifespan.*



The researchers led by David Sinclair and Joseph Baur at the Harvard Medical School and by Rafael de Cabo at the National Institute on Aging, also tried to estimate the effect of resveratrol on the mice's physical quality of life. They gauged how well the mice could walk along a rotating rod before falling off, a test of their motor skills.

The mice on resveratrol did better as they grew older, ending up with much the same staying power on the rod as mice fed a normal diet.

The researchers hope their findings will have relevance to people too. Their study shows, they conclude, that orally taken drugs "at doses achievable in humans can safely reduce many of the negative consequences of excess caloric intake, with an overall improvement in health and survival."

## Imagine Having To Drink 750-1, 500 Bottles of Red Wine to Get the Full Effects of Resveratrol That Your Body Needs

The mice were fed a hefty dose of resveratrol, 24 milligrams per kilogram of body weight. Red wine has about 1.5 to 3 milligrams of resveratrol per liter, so a 150-lb person would need to drink 750 to 1,500 bottles of red wine a day to get such a dose.

Dr. Sinclair, the chief author of the study, has long been taking resveratrol (red wine extract supplement). “Mice given that amount in a second feeding trial have shown similar, but less pronounced, results as those on the 24-milligram-a-day dose,” he said (Revatrol has 400MG of red wine extract).

Dr. Sinclair has had a physician check his metabolism, because many resveratrol preparations contain possibly hazardous impurities, but so far, **((no ill effects have come to light. His wife, his parents, and “half my lab” are also taking resveratrol, he said.))**

Dr. Sinclair is the founder of a company, Sirtris Pharmaceuticals, which has developed several chemicals intended to mimic the role of resveratrol but at much lower doses. Sirtris has begun clinical trials of one of these compounds, an improved version of resveratrol, with the aim of seeing if it helps control glucose levels in people with diabetes.

“We believe you cannot reach therapeutic levels in man with ordinary resveratrol,” said Dr. Christoph Westphal, the company’s chief executive.

Behind the resveratrol test is a considerable degree of scientific theory, some of it well established and some yet to be proved.

## Lower Calories Produce Longevity?

Researchers have known since 1935 that mice fed a calo-

rie restricted diet — one with all necessary vitamins and nutrients *but 40 percent fewer calories* — live up to 50 percent longer than mice on ordinary diets.

**This low-calorie-provoked increase in longevity occurs in many organisms and seems to be an ancient survival strategy.**

**IMPORTANT!**

Most people find it impossible to keep to a diet with 40 percent fewer calories than usual. So if caloric restriction really does make people as well as mice live longer — which is plausible but not yet proved — it would be desirable to have some drug that activated the SIRT-1 gene’s protein, tricking it into thinking that days of famine lay ahead.

In 2003 Dr. Sinclair, by then in his own laboratory, devised a way to test a large number of chemicals for their ability to mimic caloric restriction in people by activating SIRT-1.

The champion was resveratrol, already well known for its possible health benefits.

Critics point out that resveratrol is a powerful chemical that acts in many different ways in cells.

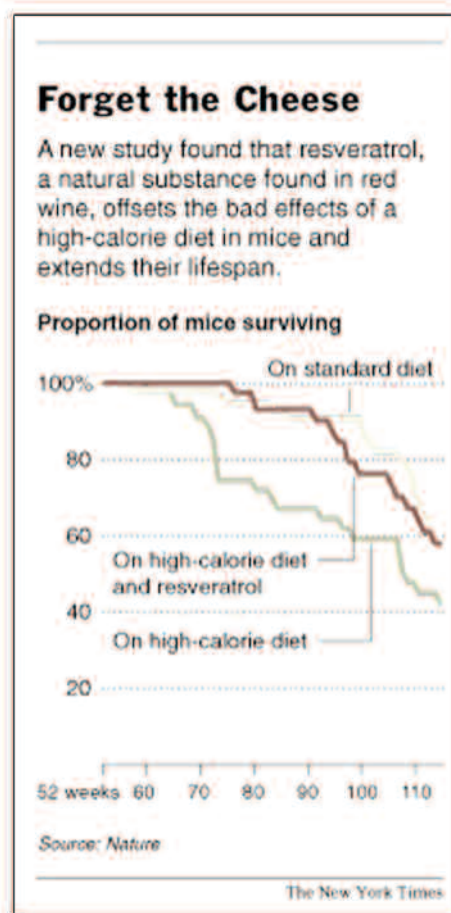
Dr. Sinclair said experiments at Sirtris had essentially wrapped up this point.

Given that caloric restriction forces a trade-off between fertility and lifespan, resveratrol might be expected to reduce fertility in mice.

If resveratrol does act by prodding the sirtuins into action, then there will be much interest in the new class of sirtuin activators now being tested by Sirtris. Dr. Westphal, the company’s chief executive, has no practical interest in the longevity-promoting effects

of sirtuins and caloric restriction.

For the Food and Drug Administration, if for no one else, aging is not a disease and death is not an end-point. The F.D.A. will approve only drugs that treat diseases in measurable ways.



# Revatrol Protects You From Head to Toe!

*Get the power of true, Elemental Resveratrol and the highest OPC levels—95%—working for you!*

**Just look at all that ONE CAPLET A DAY of Revatrol can do for you:**

## **H**ealthy heart, arteries and normal cholesterol levels.

Resveratrol has been shown to help reduce blood stickiness or clumping, help improve circulation and inhibit the oxidation of LDL “bad” cholesterol that can threaten your arteries and heart health.<sup>10</sup>

This is critical because free radicals attack and tear away at your artery walls and slow circulation. Red wine extract also helps prevent the oxidation of HDL “good” cholesterol – when it oxidizes, it becomes LDL “bad” cholesterol. The OPCs make it harder for cholesterol deposits to stick to your vascular walls. It also works with other antioxidants to eliminate extra cholesterol, helping you to naturally monitor healthy cholesterol levels.

Red wine promotes proper blood flow throughout the body, and has been shown to promote healthy homocysteine levels.<sup>11</sup> With *Revatrol*, you can worry a lot less!

## **F**ortifies your immunity by fighting free radicals.

When other systems in your body are weak, your immunity really takes a beating. That’s because when your cells are weak, your immune system goes into overdrive. It gets worn down because it’s overworked supporting all of these other functions, so you’re more susceptible to illness.

Resveratrol gives you a seasonal advantage and protects you from colds, flu bugs and infections that can bring you down. Red wine extract is also a great defense mechanism against fungi, other toxins that are often at the root of immune problems.

For example, scientists studied the health of 4,272 faculty and staff members of five Spanish universities to see if their wine, beer or spirits intake was associated with risk of the common cold. They found that those who drank red wine had a lower risk of getting the common cold—whereas other alcohol consumption had no advantageous effect.<sup>12</sup>

## **F**lushes unwanted fats out of your digestive tract.

OPCs in *Revatrol* are very effective at preventing the oxidation of fatty foods after meals. Because much of our oxidative stress occurs after we have a nice high-fat meal, red wine’s unique ability to prevent fat oxidation during digestion is an amazing boost to your cardiovascular system.<sup>13</sup>

One study shows that the French and the Italians—who drink red wine with almost every meal—have fewer heart problems than Finnish or Irish people *who typically have LOWER-FAT diets and drink very little red wine.*<sup>14</sup>

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### **B**rain and memory protection.

Your brain is over 90% fat—and free radicals love fat! When they go after your brain you experience the symptoms of aging rapidly. You begin to forget names, appointments and details to stories or directions to familiar places. The free radical neutralizers in acetyl-L-carnitine and alpha lipoic acid are a virtual “memory cocktail” for your brain. **Revatrol** keeps your thinking clear and focused every day!

### **M**aintains healthy veins, circulation and blood pressure.

Red wine extract supports strong blood vessels by strengthening their walls and acting as a vasodilator to open up your arteries and capillaries. It also keeps damaged, stretched or stiff blood vessels from leaking. This all helps regulate blood flow and pressure, so that oxygen-carrying blood is delivered to your tissues and organs.<sup>15</sup>

The nutrients in **Revatrol** work together to keep your blood pressure at normal, safe levels. It also helps support normal blood clotting by keeping your blood at the right consistency and flowing freely.<sup>16</sup>

### **K**eeps skin looking young, tight, and fresh.

Free radicals go after your skin and this is the first place you notice the premature signs of aging. **Revatrol** has the highest amount of OPCs, which keep your skin healthy and youthful in appearance. It does this by protecting the collagen and elastin in your skin.

It's comforting to know that something this powerful is also so gentle and nourishing to your delicate skin, giving you softer hands, fewer facial lines, and a clearer, smoother, more glowing complexion.

**Get started today!**

**Turn to page 23 now  
to order *Revatrol* at  
the lowest price per box!**

**Or call 1-866-482-6678  
for faster delivery!**



<sup>10</sup>Chanvitayapongs S, Draczynska-Lusiak B, Sun AY. Amelioration of oxidative stress by antioxidants and resveratrol in PC12 cells.

<sup>11</sup>Olszewski, A.J., et al. "Reduction of Plasma Lipid and Homocysteine levels by Pyridoxine, Folate, Cobalamin, Choline, Riboflavin, and Troxerutin in Atherosclerosis." *Atherosclerosis* 75 no. 1 (Jan, 1989): 1-6.

<sup>12</sup>B Takkouche, C RegueriraMendez, R Garcia Closas, A Figueriras, JJ GestalOtero, MA Hernan, Intake of wine, beer and spirits and the risk of clinical common cold, *Amer Journ of Epidem*, 2002, 155 (9): 853-858. *Neuroreport*8:1499-1502, 1997.

<sup>13</sup>Ursini F, Sevanian A. "Wine Polyphenols and Optimal Nutrition." *Ann NY Acad Sci* 2002 May;957:200-209.

<sup>14</sup>Troup (G.J.), Hutton (D.R.), Hewitt (D.G.), Hunter (C.R.), 1994. – Free radicals in red wine but not in white. *Free Radic Res.* 20, 63-68.

<sup>15</sup>Folkers, K., et al., *Journal of Optimal Nutrition*, 1993; 2(4): 264-74.


<sup>16</sup>Demrow H.S., Slane P.R. & Folts J.D. Administration of wine and grape juice inhibits in vivo platelet activity and thromboses in stenosed canine coronary arteries. *Circulation*; 91(4): 1182-1188, 1995.

**Call Toll-Free 1-866-482-6678**

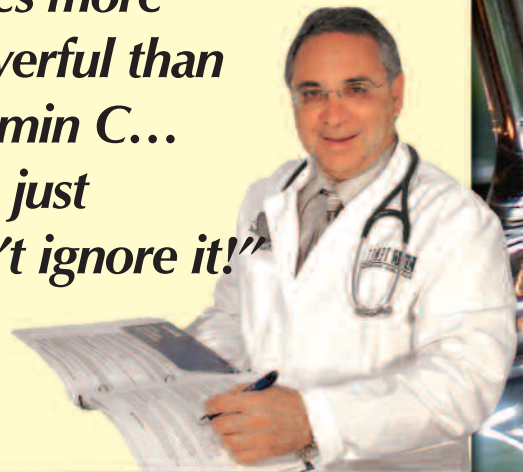
**Before you rush out to buy this precious nutrient, here's how to make sure you're getting true, Elemental Resveratrol...**

If you're going to take red wine extract, you've got to take the maximum amount of the highest quality you can get for optimal results. That's because most of the red wine extract formulas out there *don't give you what they promise!*

Most brands give you only 20mg or so of red wine extract. Some even go as low as 5mg! That's not going to do much of anything to give you the results you're looking for. **Revatrol** has a 95% OPC content, making it the highest one available. That's because we use only the most potent part of the grape skin from the **Polygonum Cuspidatum Root Extract**. If it doesn't say this on the label...*don't buy it!* **Or better yet, call 1-866-482-6678 and order the real thing today: Revatrol.** See page 23 for the lowest price-per box available!



***“When studies show that red wine extract is 50 times more powerful than vitamin E and 20 times more powerful than vitamin C... you just can't ignore it!”***



**Get the Red Wine Secret to Eating More and Living Longer!**

*“To get Elemental Resveratrol, the extract has to come from the Polygonum Cuspidatum Root Extract... others just can’t give you the same potency like Revatrol.”*

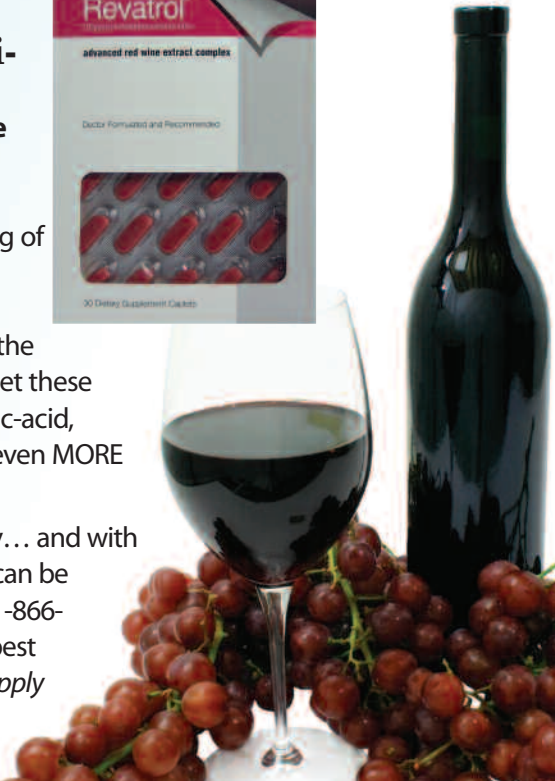
*If you want guaranteed value at the **best price...***

## **Revatrol gives you MORE**

**...for the same price as ordinary red wine extract!**

**Why pay the same or more for red wine extract that has FEWER milligrams of resveratrol with a lower amount of OPCs? *Revatrol* gives you 100mg of a proprietary Red Wine Extract blend plus 100mg of Essential Resveratrol—the highest amount of any formula out there. And it has the highest OPC rating of 95 percent! Plus you get these three extra “booster” antioxidants, alpha-lipoic-acid, quercetin, and acetyl-L-carnitine to give you even MORE anti-aging defenses.**

All-in-all, you get the most for your money... and with the 100 percent money back guarantee you can be sure you never risk a penny for trying it. Call 1-866-482-6678 or turn to page 19 now to get the best price per box—it's like getting a one-month supply for FREE!



## **Overweight and Worried About Your Heart and Arteries?**

**Here's some good news you probably won't get at your doctor's office:**

The OPCs in **Revatrol** are very effective at preventing the oxidation of fatty foods after meals. Because much of our oxidative stress occurs after we have a nice high-fat meal, red wine's unique ability to prevent fat oxidation during digestion is an amazing boost to your cardiovascular system.<sup>5</sup>

One study shows that the French and the Italians—who drink red wine with almost every meal—have fewer heart problems than Finnish or Irish people *who typically have LOWER-FAT diets and drink very little red wine.*<sup>6</sup>

Forget about the fat-free cookies, turkey salami, and waxy, tasteless salads. Now you can relax and enjoy the pleasure of food again... once you put **Revatrol** to work for you.

**Call Toll-Free 1-800-482-6679**

# Three Special FREE GIFTS if you ORDER TODAY...

## FREE Gift #1:

**This special report (worth \$6.95)!**

When you place your order for a one-month supply of *Revatrol* for just

\$39.95, you'll also receive a FREE Special Report called *The Magic of Red Wine*. This brand new Special Report — based on the CBS *60 Minutes* story that first broke the French Paradox red wine discovery — is worth \$6.95, but you get it FREE.

*The Magic of Red Wine* unlocks the secret of resveratrol in greater detail and compares red wine extract brands for quality and potency. You'll also learn



healthy and delightful ways to incorporate red wine extract—and red wine itself—into your healthier new life. You'll learn things like what countries to buy wines from...and what other food sources contain powerful OPCs.

If you're intrigued at all by how the French manage to live longer and live better than the rest of the world — *without even trying* — then you'll really want to read this Special Report. Overall, that's a combined value of \$61.90 for only \$39.95!

Or if you are serious about enjoying the true, long-term benefits of *Revatrol*, then I recommend you...

**Try a three-month supply for greater discount...and get two more FREE gifts!**

## FREE Gift #2:

**This special report (worth \$6.95)!**



If you're ready to give red wine extract a try, I strongly suggest you order a three-month supply — you'll get a much better discount on *Revatrol* that way. A three-month supply of *Revatrol* is just \$99.95. This discount saves you \$64.90 off the regular price, plus you'll have enough supply on hand to keep you from running out for a while.

By staying on *Revatrol* for a longer period of time, you'll love

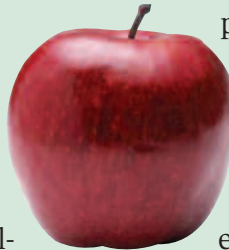
## To see what's happening to your cells every day...peel an apple!

If you peel an apple...it turns a moldy brown color, right? That's called oxidation — and you see it in your body when free radicals cause premature aging by wrinkling skin, hardening arteries, stiffening joints or forming cataracts. The same thing happens when you see paint colors fade on the wall or rubber tires get old and hard...and that's what's happening inside your cells right now!

Your cells constantly suffer the negative effects of free radicals from pollution in the air, food additives, high-fat diets, sodas and processed foods, smoking, infections, and even emotional stress!

Free radicals can multiply by attacking the mitochondria of your cells — which are the center “engine rooms.” They are at the root cause of many health concerns.

Free radicals are actually “mutant” molecules that are missing a part — actually a neutron or a



proton — so they attack and try to grab a part from another healthy molecule to make themselves whole. What's frightening is that as they keep attacking healthy molecules, they create a continuous chain of “free radicals.” This kind of domino effect in your body happens every day.

**Your only choice is to neutralize as many free radicals as possible**

Especially those in your heart and brain because they contain the most mitochondria. Toxins in our foods, cosmetics, cleaners and even tap water can speed up the aging process. It can make you look and feel older than you really are!

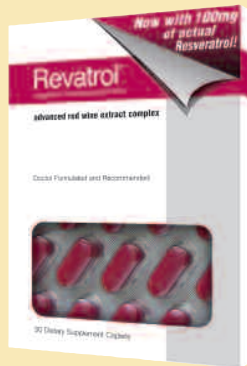
And that's where *Revatrol* comes to the rescue. The three powerhouse antioxidants in this breakthrough discovery work together at the cellular level to reverse aging of your DNA, which is your very life source.



## ONE caplet a day gives you the equivalent of 50 bottles of Red Wine!

No more gulping down a bunch of pills like you have to with a lot of other natural supplements. With *Revatrol* you only need to take ONE caplet a day. Because it's a caplet — not a tablet — it's easier to swallow, too! So just take one per day and forget about it for the rest of the day. It feels great to know that when it comes to your health — you're COVERED!

One caplet of <i>Revatrol</i> gives you:	
Red Wine Extract .....	100 mg
Actual Resveratrol.....	100 mg
Quercetin .....	100 mg
Acetyl-L-Carnitine .....	100 mg
Alpha Lipoic Acid .....	100 mg



the lasting benefits that a high-powered red wine extract complex has to give you.

Plus, with your three-month supply, you'll receive another very important Special Report FREE: *The Next Generation of Super Nutrients*. This Special Report names the most recent, cutting-edge findings in the natural supplement world...and how to take them. Many of these nutrients are ones you've probably never heard of and may not for years to come until the mainstream catches on to them!

In *The Next Generation of Super Nutrients*, you'll learn more about other potent antioxidants, what's safe to take for pain, and what to do now that many antibiotics don't seem to be working anymore. Even if you're a long-time supplement buyer and user, I guarantee you'll find the next big breakthrough in this report.

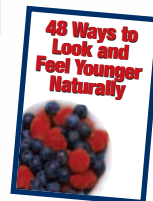
Now here's the very best discount you can get...

**The lowest price-per-box — it's like getting a box FREE! Plus three FREE gifts! See Page 23...**

### FREE Gift #3:

**This special report (worth \$6.95)!**

If you're the kind of person who likes to get the *best bargain* on a high-quality product, you'll appreciate this discount: You can get the lowest price-per-box on *Revatrol* when you order a six-month supply for just \$179.95. That's a savings of \$149.75 off the regular price — it's like getting nearly 3 boxes for FREE!



## Less Damage from a Stroke.

The scientists from Johns Hopkins University fed mice resveratrol before inducing stroke-like damage. They discovered that the animals suffered less brain damage than similarly damaged mice who were not treated with the compound (*Reuters, Oct. 15, 2006*).

## Is your body starving for higher-powered antioxidants?

Check below if you...

- are over age 35
- smoke or used to smoke
- have bad nails or hair
- have trouble maintaining good cholesterol levels
- don't get enough sleep
- forget to eat your vegetables
- have trouble remembering details, appointments or names
- have blood pressure problems
- worry about your family health history
- catch colds or flu easily
- like junk food
- often skip exercising
- use household cleaners and cosmetics
- take prescription medications
- live near a city with heavy traffic
- drink tap water
- don't drink red wine

**If you checked three or more of the above**, then extra antioxidant protection is critical for you now! Free radicals are attacking every system of your body daily.

Now is the time to give your body what it needs most — the powerful trio of nutrients you'll only find in *Revatrol*. Why not order your supply today...and get started enjoying vibrant good health for years to come? It's so easy to make yourself feel good again! Call 1-866-482-6678 or turn to page 23 now to get the best price per box.

Let me tell you the best three reasons to order the six-month supply:

**1** You get the very best discount and save extra on shipping and handling by buying it all at once...

**2** You don't have the hassle of re-ordering for quite a while...and...

**3** You may have a spouse or a friend you will want to try red wine extract and this is the best way to get a deal on it for *both* of you.

Wait! That's not all: With your six-month supply of

*Revatrol* you'll also receive both of the Special Reports I named above, plus an important third one: *48 Ways to Look and Feel Younger Naturally*.

This special report gives you the best natural secrets I've collected from all over the world to help you keep your youthful appearance. You get 48 of the best natural remedies including skin tricks, natural facials, age spot removers, wrinkle smoothers, weight loss secrets, detoxing discoveries, memory boosting games, sex life enhancers, hormone helpers, all kinds of natural pain remedies

and more!

All 48 of these discoveries are natural and simple to do. And you'll love the results!

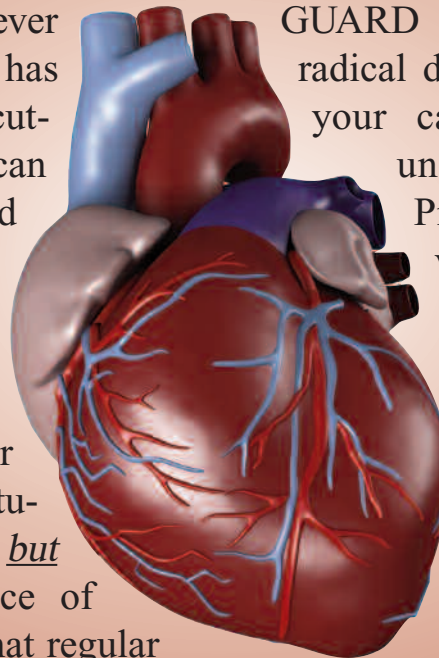
Here's an *extra* way to save some money on *Revatrol*, too...

**Get FREE shipping by ordering in the next 7 days**

If you want to save some extra money, please order your *Revatrol* in the next seven days — that way you can get FREE shipping and handling. You pay nothing to have this life-giving formula shipped directly to your house!

## Your Heart and Arteries will Thank You!

This truly is a glorious time for health-conscience people. Never in the history of mankind has bio-science developed such cutting-edge supplements that can help people live longer and healthier lives. And I'm proud to say that *Renaissance Health* is at the forefront of this technologically advanced industry. Your parents never had this opportunity during their lifetime... but you will. Imagine the peace of mind you'll have knowing that regular use of anti-oxidant packed *Revatrol*—***the most powerful red wine extract on***



***the market today***—can not only **SAFE-GUARD** your organs against free radical damage...but also **BOOST** your cardio-vascular health to unimaginable heights. Picture yourself enjoying a vibrant; energy filled quality of life with your loved ones for years to come. Remember: When you have your health... you have everything! And best of all, it can all be yours with ***Revatrol!***

~William S. Gruss, MD

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# Get passionate about eating delicious **FOOD** again!



We Americans love our food! But even doctors know that it's tough to stay healthy when you're faced with strict, boring diets! That's where **Revatrol** can put the FUN back in your life...

Now you can eat many of the foods you love and stay healthy and fit—just like the French enjoy their cheese, pates, pastries and desserts! You don't have to worry anymore because the free radical scrubbing nutrients in **Revatrol** go to work daily deep inside your cells to stamp out these health-destroying creatures. So enjoy your food—and enjoy living healthier and happier! You can relax knowing that **Revatrol** is on the job 24 hours a day!

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## Reduce Your Blood Pressure With Red Wine! UC Davis Med School Researchers show that resveratrol does the job!

If you're worried about maintaining healthy blood pressure levels, then you should be very interested in resveratrol. That's because first and foremost, red wine extract is a vasodilator—which means it opens up your arteries and capillaries to rush more blood and oxygen to your organs.

When you take red wine extract, you give your arteries, capillaries, veins and heart great circulatory support—without the headache or dizziness! Red wine extract supports strong blood vessels by strengthening their walls. It also keeps damaged, stretched or stiff blood vessels from leaking. This all helps regulate

blood flow and pressure, so that oxygen-carrying blood is delivered to your tissues and organs.<sup>4</sup>

The first human study with resveratrol conducted by UC Davis Med School researchers shows that resveratrol reduced blood pressure. And the higher study participant's LDL level, the greater drop they experienced!

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<sup>4</sup>Folkers, K., et al., *Journal of Optimal Nutrition*, 1993; 2(4): 264-74.



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Call Toll-Free 1-800-482-6679

# Get the Lowest Price Possible Red Wine Extract Formula

Our **VERY BEST DISCOUNT** on *Revatrol* gives you a six-month supply for just

**H**ere are 48 ways to look great and keep your youthful energy and enthusiasm! These all-natural secrets are simple and easy to do—some are as trouble-free as taking a pill! You'll learn all kinds of ways to keep your skin tight and glowing, your mind free and clear and your body working like a well-oiled machine. Just look at what's in store for you in *48 Ways to Look and Feel Younger Naturally*:

■ Four perfectly safe, ephedra-free weight loss nutrients that **WORK WONDERS TO DROP UNWANTED POUNDS**. No stimulants... yet you feel energy and vigor when you're on them!

■ The easy way to renew and strengthen your **LIVER** to stop premature aging—take this simple

natural herb used for centuries in Europe to detoxify this critical organ.

■ **BEST NATURAL FIBER SOURCE...** *without drinking messy, chalky drinks!* Just sprinkle these seeds on your salads or mix in yogurt, pudding or even ice cream!

■ Get more **SEXUAL AROUSAL, ENERGY AND STAYING POWER...** with these three natural male potency nutrients. Forget Viagra, these really work!

■ This carotenoid from the marigold flower actually feeds the arteries of your eyes for **BETTER VISION!** Works to reduce unwanted cholesterol oxidation and promotes arterial health, too.

■ The **DELICIOUS DRINK THAT SPARKS**

**YOUR ENERGY and SOOTHES DIGESTION.**

Just one cup a day for great antioxidant protection, too!

■ Once ridiculed as “snake oil” by doctors, this vitamin is the most important antioxidant you can take for a **HEALTHY HEART**. But... you must take it in this form!

■ Get **GORGEOUS, GLOWING SKIN** with this green superfood. The Japanese take it daily to clear out toxins that make you age faster than you really are.

■ Nuts for snacks... too fattening, right? *Wrong!* Enjoy **YUMMY NUTS AND SEEDS AS HEALTHY FATS**, but make sure they're not cooked this way or you invite unhealthy trans fats into your body!

## Frequently Asked Questions about

### Q: Is red wine extract a drink?

**A:** No, it is a potent ingredient that is extracted carefully from the skin of grapes. Scientists carefully process it in a laboratory setting to preserve this precious nutrient in a caplet. With *Revatrol*, you just take ONE CAPLET a day and you get the same amount of resveratrol—the powerful antioxidant found in red wine—that's found in 50 bottles of red wine! It's a much simpler and healthier way to get a more advanced antioxidant complex that protects your brain, heart, immunity and more!

### Q: Can I just drink more red wine to get resveratrol?

**A:** Although red wine is one of life's great pleasures, drinking more of it means a load of extra sugars, calories, and carbs... not to

mention the unpleasant side effects of alcohol. Taking a red wine extract supplement made from high quality grapes like *Revatrol*, is the safest and easiest way to get high amounts of resveratrol. *Revatrol* has the highest OPC ratings of any red wine extract formula I know of—a hefty 95 percent! It's nearest competitor has only 15 percent! There really is no comparison!

### Q: Does *Revatrol* contain any alcohol or sugars?

**A:** Absolutely no alcohol or sugars are in this formula.

### Q: How do I know if *Revatrol* is for me?

**A:** This formula is for you—especially if you're over age 50—if you're worried about aging too quickly and want more...

# on the *Most Advanced* Available!

**\$179.95! That's a savings of \$149.75—that's 45% off!**

**Lowest Price Possible!**

■ **THE FAT THAT SIPHONS VITAMIN E OUT OF YOUR BODY.** This fat is in a lot of the foods you eat, but you must avoid it at all costs!

■ Add this tasty spice to your foods for a **HEALTHY HDL-to-LDL CHOLESTEROL BALANCE.** You'll love it on bread, in spaghetti sauce and marinades. Try rubbing it on your wooden salad bowl for a really fresh from the garden salad taste!

■ This antioxidant found in citrus fruit and peppers **STOPS YOUR JOINTS FROM BREAKING DOWN.** Also helps speed other joint soothing nutrients right where it hurts.

■ Just for Men: **PROTECT YOUR PROSTATE** with these two powerful herbs—saw palmetto is one of them, learn the other that works in tandem in this Special Report.



## A six-month supply includes:

- ✓ Six boxes of *Revatrol* caplets
- ✓ **FREE GIFT #1:** *The Magic of Red Wine* (valued at \$6.95)
- ✓ **FREE GIFT #2:** *The Next Generation of SuperNutrients* (valued at \$6.95)
- ✓ **FREE GIFT #3:** *48 Ways to Look and Feel Younger Naturally* (valued at \$6.95)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## *Revatrol*

- ✓ Blood pressure support
- ✓ Heart protection
- ✓ Healthy eye support
- ✓ Brain boosting power
- ✓ Guard against stroke
- ✓ Memory protection
- ✓ Normal cholesterol levels
- ✓ Circulation support
- ✓ Protection against toxins
- ✓ Wrinkle protection
- ✓ Free radical fighting power

Of course, the only way to know is to give it a try. You can get *Revatrol* absolutely risk free with a 100 percent money-back guarantee—just return it if you don't think it works for you. Just call 1-866-482-6678 or turn to page 23 now to get the best price per box.

## IMPORTANT HEALTH TIP!

**You and your spouse should BOTH take it every morning:**

A lot of my patients on *Revatrol* want their spouses to get all of the red wine extract benefits, too. Call and ask about our special Marriage Package deal. **Toll-Free 866-482-6678.**



**Turn the page NOW to reserve your FREE GIFTS and GET YOUR FREE SHIPPING AND HANDLING...**

**Call Toll-Free 1-866-482-6678**

Don't Forget  
FREE Gift #4...

I promise... there's  
absolutely no risk

Order the Easy Way!

## Hurry... It's FREE for the Next 7 Days Only!

Place any order for *Revatrol* in the next seven days and you'll pay *nothing* for shipping and handling. That's an extra savings of \$5.95! This is your extra bonus for acting promptly, so please don't wait! Call 1-866-482-6678 now!



## Revatrol 30 day money-back guarantee

Be assured there's no risk involved when you try *Revatrol*. I want to make sure you are completely satisfied, so let me make these three promises to you:

1. With *Revatrol* you'll get the finest quality red wine extract with the highest OPC rating available. You can be sure that what we print on our label is what your body receives!
2. If for any reason—at any time—you are unhappy with *Revatrol*, simply return the unused portion to us and we'll send you a full refund for the purchase price of the product. No questions asked.
3. Even if you return your *Revatrol*, please keep all of the free gifts you've received as a thank you for giving it a try.

I've asked Renaissance Health to offer this unconditional guarantee to you because I'm confident that if you give *Revatrol* a try, you'll have no need to return it! See for yourself by ordering your supply of *Revatrol* today. It really works!

Wishing you the best of health,

William S. Gruss, M.D.

### 1. By Mail:

Fill out this easy order form. There's no need to fill in your name and address because it's already on the back of the order form. Just make any correction necessary, fold this and mail it using the postage-paid envelope inside page 10 to:

**Renaissance Health**  
925 S. Federal Highway  
Suite 500  
Boca Raton, FL 33432

### 2. By Phone:

For fastest service, call toll-free 1-866-482-6678 or 1-561-750-1418!



### 3. By Internet:

Go to [www.revatrol.com/order4/RH1407](http://www.revatrol.com/order4/RH1407)



Get the Red Wine Secret to Eating More and Living Longer!

# Revatrol Discount Savings Certificate

**YES!** I want the French secret to living longer and healthier! Please send me the *Revatrol* quantity I've indicated below. If I am unsatisfied with *Revatrol* for any reason, I will return the unused portion and receive a full and prompt 100 percent refund and all of the FREE GIFTS are still mine to keep!

## SAVE \$149.75

**Very Best Discount:** A six-month supply of *Revatrol* (six boxes) and ALL THREE of my FREE Special Reports for just **\$179.95** (reg. \$329.70) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$179.95! **That's a savings of \$149.75!**



## SAVE \$64.90

**Great Discount:** A three-month supply of *Revatrol* (three boxes) and TWO FREE Special Reports for just **\$99.95** (reg. \$164.85) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$99.95! **That's a savings of \$64.90!**



**Good Discount:** A one-month supply of *Revatrol* (one box) and ONE FREE Special Report for just **\$39.95** (reg. \$54.95) plus \$5.99 S&H—or if I order within 7 days, I'll get FREE shipping & handling and pay only \$39.95!



**FREE SHIPPING & HANDLING**  
on any order if you order within 7 days!  
Save an extra \$5.99 per order. Total prices with Free S&H are:  
6-months=\$179.95  
3-months=\$99.95  
1-month=\$39.95

**I want FREE SHIPPING & HANDLING...** so I'm responding within 7 days!

### METHOD OF PAYMENT:

My check is enclosed for U.S. \$ \_\_\_\_\_ (Payable to Renaissance Health)

Please charge my:      

Card #: \_\_\_\_\_ Expires: \_\_\_\_/\_\_\_\_/\_\_\_\_ Amount \$ \_\_\_\_\_

Signature: \_\_\_\_\_ Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_  
(Optional, in case we have a question about your order)

E-mail address: \_\_\_\_\_

**For fastest delivery,  
call toll-free  
1-866-482-6678**



Return with payment in the enclosed postage-paid envelope to:  
**Renaissance Health • 925 S. Federal Highway, Suite 500 • Boca Raton, FL 33432**

# How to live 42 percent longer... and still eat loads of cheese, breads, cream sauces, and rich desserts!

*The French have been doing it  
for centuries. And they swear by it!*

**S**tudies from top researchers at Harvard Medical, Johns Hopkins, and UC Davis report that a potent molecule discovered in red wine (NAMED INSIDE) actually *sweeps extra fats out of your digestive tract* to avoid serious consequences of a high-fat, calorie-packed diet. Doctors now believe that this is what allows the French the freedom to eat foods that are normally considered “bad foods” in this country.

## Now you can eat *just for the pure pleasure of it!*

This one caplet gives you the astonishing power of red wine extract found in 50 bottles of red wine—without the calories or alcohol! This French health secret is guaranteed to help you live a longer, healthier and happier life, especially if you're worried about:

- Maintaining healthy cholesterol levels
- Keeping blood pressure healthy
- Boosting poor circulation
- Preserving your brain and memory
- Protecting your heart
- Fortifying your immunity
- Keeping your arteries clear
- Promoting good homocysteine levels
- Preserving firm, vibrant skin
- Increasing your energy
- Stamping out colds and flu
- And many more of your worst health worries!



### **PLUS:**

See inside on page 14  
why this important  
medical breakthrough is

- ✓ **20 TIMES MORE POWERFUL**  
than vitamin C, *and...*
- ✓ **50 TIMES MORE POWERFUL**  
than vitamin E!