

## **Urgent Health Alert to All Men Who Want a Healthy Prostate:**

**“The Phyto-Nutrient Prostate Formula that’s  
2,500 times More Powerful for Your Prostate  
than Saw Palmetto...”**

**(PLUS it can help lower your cholesterol, too!)**

***Sadly, 9 out of 10 Urologists have probably  
never heard of it!***

Read this special report to discover how to FINALLY empty your bladder, promote a healthy prostate, and get a good night’s sleep! ***Guaranteed!***

From the desk of William Hartman  
President, Hampshire Labs

Dear Health Conscious Friend,

I have a confession to make: As I age, (I am in my 50’s now) I sometimes find myself in denial about my body and the changes it goes through.

Don’t get me wrong.

I exercise regularly, eat healthy, and take my supplements. In fact, whenever I read statistics about men and the nasty urological problems that hit our age group, I always think it’s going to “happen to the other guy.”

Well, guess what? Now, I’m the other guy! And, I don’t mind telling you how it’s disrupting the quality of my life! (Maybe you’ve been there yourself.)

The constant bathroom trips at all hours of the night was not only upsetting my sleep – but my wife’s as well! (It got so bad; we started to sleep in different bedrooms.)

Sure, she slept like a baby. I, on the other hand, found myself dragging myself through the next day feeling like hell! And talk about misery loving company...

**Did you know that over 25 million men (and counting) suffer  
from an enlarged prostate or other urological ailments?**

Not only that, but according to the American Cancer Society this year alone there were **192,280 new cases of prostate cancer**. (The good news is the death rate is going down and the disease is being found earlier.)<sup>1</sup>

Inside, please...

If this “inconvenient truth” is not an epidemic – then I don’t know what is! So, you can well imagine how thrilled I was when my research team revealed startling new research on three of the most powerful **Super-Star Phyto-Nutrients** that are giving thousands of men across the globe soothing relief from their prostate and urinary problems.

(And no, these nutrients are NOT “The Usual Suspects” you always hear about.)

In fact, I bet you anything, if you asked your urologist about these **breakthrough phyto-nutrients** that blow Saw Palmetto out of the water with its effectiveness ... and are backed with studies from the *British Journal of Urology* and the *Journal of the American Medical Association* – his eyes might glaze over like you’re talking a foreign language.

And that’s too bad, because:

- **Super Star Prostate Phyto-Nutrient #1 can help bring you relief for benign prostatic hyperplasia (enlarged prostate) and prostatitis (inflamed prostate).**
- **Super-Star Prostate Phyto-Nutrient #2 has shown to NOT only be 2,500 times MORE powerful than Saw Palmetto ... but it can also help lower your cholesterol.**
- **Lastly, Super Star Prostate Phyto-Nutrient #3 helps stop estrogen from binding to the prostate.**

So allow me to cut to the chase: If you want a healthy prostate of a 30 year old again ... if you want to pee like a race horse with a steady, uninterrupted, strong stream ... if you want **Total Prostate Health Protection**, this could be one of the most valuable letters you read this year!

Why? Because I am about to give you the FULL-MONTY on a clinically proven nutraceutical that costs about **HALF the PRICE of your usual Saw Palmetto formula!**

Take as directed and it could easily help:

- Empty your bladder, ending your nightly bathroom excursions to urinate.
- End weak or dribbling urine flow.
- End burning or painful urination.
- Boost your sexual performance, PLUS ...
- Give your prostate 24/7 protection for years to come.

### **3 Clinically Proven Phyto-Nutrients Working in Tandem to Give You Bladder Relief and 24/7 Prostate Health Protection!**

Hi, I am *William Hartman, President of Hampshire Labs*, a two-decade-old market leader of safe and effective male health supplements that are totally backed with proven scientific research!

I feel it’s this background and experience that allows me to reveal what is happening in our industry.

And that’s why I am MAD! Mad as hell at how men like yourself get offers for prostate health supplements that “promise” you the world – but instead give you at best mediocre results (or none at all!)

*Look – no matter how you slice it – when it comes to you prostate health, your body is NOT going to lie to you. Either a supplement delivers results – or it doesn’t!*

And, I’m guessing if you’re still reading at this point – you, too, are fed up with decreased

sexual activity ... not to mention your bloated bladder and the endless trips to the can!

Which is why I need to tell you about *Hampshire Labs Prostara*: an all-natural, proven, prostate health formula that's given me and thousands of men across the country long lasting prostate relief.

I so believe in its total effectiveness, that I'm going to allow you to try this miracle supplement, completely RISK-FREE, for a full year! (More about that later.)

But for now, it's vital that you understand the workings of the prostate so you know how these **phytonutrients** can boost your urological (and even your cardio-health!)

To begin – the prostate is a walnut-sized gland that sits in front of the rectum and bladder. Its sole purpose is to furnish seminal fluid. Unfortunately, as a man ages, this gland increases in size causing **benign prostatic hyperplasia (BPH)**: An enlargement of the prostate gland.)

“Hyperplasia” is where the number of cells in an organ increases. This leads to an overall increase in size of the prostate.

**It's this enlarged prostate gland that plays havoc with a man's capacity to urinate with ease.**

When it comes to **BPH**, there are key factors to consider, such as genetics and diet. And most importantly, how prostate cell growth is stimulated by the buildup of **dihydrotestosterone (DHT)**.

As you are probably aware, after age 40, testosterone declines, and a testosterone variant called **dihydrotestosterone (DHT)** appears.

It's DHT that stimulates cell growth and, in turn, prostate enlargement. Research has shown that DHT levels can be brought under control with herbal nutrients.

Thankfully, nature has come to the rescue with a safe, all-natural remedy for helping you battle **BHP**.

Get ready, because your journey to a healthy prostate begins with **Super Prostate Phyto-Nutrient #1 – The Ancient Chinese Secret to Soothing Prostate Inflammation!**

Used for centuries in traditional Chinese medicine, Flower Pollen (not bee pollen), are the male seeds that allow flowering plants to reproduce.

They are gathered directly from plants in the field, and with scientific technology the pollen grains are removed and any toxins, bacteria, pollutants and fungi attached to the husk are eliminated completely. What's left is a full water and fat-soluble hypo-allergenic substance that delivers amazing benefits for your prostate health!

## **Science Reveals 78% Improvement in the Reduction of Prostate Swelling and Increased Urine Flow!**

Studies reveal flower pollen extract contains vitamins and minerals, carotenoids, amino acids, enzymes, **phytosterols**, lipids, and fatty acids.<sup>2</sup>

### **Lifestyle and Nutritional Changes that Can Promote Optimal Prostate Health!**

The one thing you can do to promote coronary and prostate health is aerobic exercise.

If you want, get a heart rate monitor and exercise for about 40 minutes three times a week at 80% of your maximum heart rate for your age.

In fact, a lot of gyms have a chart on the wall showing the heart rate for each age. (If there's none, simply subtract your age from 220 to get your maximum.)

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## **Beta-Sitosterol Slashes Total Cholesterol by a Remarkable 42%!**

**Beta-Sitosterol**, (one of the main ingredients of **Prostara**) is known to be one of the most proven and effective nutrients to lowering total and LDL cholesterol in the last 50 years. (In fact, Upjohn Pharmaceuticals tried to make a prescription decades ago for lowering cholesterol, but failed.)

One of the ways, **Beta-Sitosterol** (a phytosterol) works, is by simply preventing the dietary cholesterol from being absorbed in the intestines where the fat is digested.

**University of British Columbia:**<sup>3</sup> There were a full 86 references, and over seventeen different human studies using plant sterols to lower cholesterol since 1951.

One involved a total of 590 men and women, resulting in an average **10% reduction in total cholesterol and a 13% reduction in LDL cholesterol**. Scientists revealed that phytosterol therapy worked best in high-fat diets. In fact, the worse the diet, the more results the researchers got!

**Uppsala University in Sweden:**<sup>4</sup> A study with volunteers was conducted where phytosterols were given in conjunction with a cholesterol lowering diet. The impressive results revealed that the women **lowered their total cholesterol a full 15% and LDL cholesterol a full 19% in less than a month**.

This study proved to the scientific community that dramatic results could be achieved with adding some reasonable dietary changes. Even without any exercise program in place.

**University of California in San Diego:**<sup>5</sup> Isolated men in a hospital ward were fed 350 mg of cholesterol and then beta-sitosterol supplements. The impressive results? **42% decrease in cholesterol absorption in the intestines**. Scientists concluded "that a sensible addition of beta-sitosterol into meals containing cholesterol rich foods will result in a decrease in cholesterol absorption with a consequent decrease in plasma cholesterol."

With its potent anti-inflammatory and anti-DHT properties,<sup>6,7</sup> **flower pollen** has undoubtedly shown it can drastically help decrease prostate swelling and improve urine flow usually related with **BPH**.

In one study, that lasted four months, 89 men with **BPH** were given a brand name drug extract of flower pollen and a placebo.

In the flower pollen group, **78% of the men reported improvement in symptoms, in urine flow rate, residual urine volume, and prostate volume.**<sup>8</sup>

In another trial, 79 men with **BPH** were treated with flower pollen extract and had a mean decrease in prostate volume after just one year of treatment!<sup>9</sup>

There's no getting around it: Study after study shows how effective Flower Pollen is in reducing **DHT in your body, and in helping prevent unhealthy prostate growth!**

Flower pollen increases bladder muscle contraction and pushes the urine out ... thus relaxing the sphincter muscles that help hold the urine in the bladder.<sup>10,11,12</sup>

**Simply put, these two actions improve the urine flow rate.**

This remarkable phytonutrient has also shown us that it can reduce the amount of urine remaining in the bladder after you pee.

Need further proof that this extract can end those nighttime jaunts to the bathroom?

Well, in a double-blind, placebo-controlled study – 60 men who had **benign prostatic hyperplasia** were given 63 mg of pollen extract for six months.

The patients of the pollen extract group improved or eliminated nocturia (the constant urination at nighttime) **by 60%, compared to just 30% of the patients who were given a placebo.**<sup>14</sup>

In addition, 57% of the patients treated with the pollen extract showed a marked improvement of emptying their bladder.

(In comparison to the 10% who had just gotten the placebo!)<sup>15</sup>

And here's some even better news:

Research reveals that just a fraction of **Flower Pollen** can also keep your body from making certain undesirable chemicals known as prostaglandins.

**Prostaglandins, are hormone like substances that help regulate inflammation of the prostate and can also stop the increase of prostate cells that triggers BPH.**<sup>16</sup>

By now I hope you can see how flower pollen extract can help you battle the effects of BPH. Unfortunately, we are not out of the woods, yet. You see, there are more urological mind fields to step over on the road to good prostate health!

## **Did You Know As a Man Ages His Testosterone Declines by 1% Per Year from Age 40 to 70?**

Not only that, but studies show one of the causes in this decline is due to the increased testosterone binding of a protein in your body called **sex hormone binding globulin (SHBG)** – the main carrier protein in the blood for testosterone.

Throw in the fact that NOW you have a **growing imbalance between the levels of estrogen (female hormones) and androgens (male hormones)** in your body – and you'll know why it's imperative to promote good prostate health!

In addition, compared to younger men, the ratio of **free estradiol** (the most potent form of estrogen in the body) to free testosterone is up to 40% higher in older men.<sup>17</sup>

What is even more frustrating is that even when DHT levels remain stable, estrogen levels increase drastically as a man ages ... and rise even HIGHER in men who have BPH.<sup>18</sup>

So what does this mean to you?

**It means not only do men now have the challenge of dealing with rising estrogen, but now you have to deal with declining androgens in your body.**

That's not all – according to the researchers at *Columbia University, St. Lukes/Roosevelt Hospital* in NYC, as well as articles published in the *Journals of Endocrinology and Steroids*, **there is another hormonal pathway in the prostate where estrogen can mimic androgens.**<sup>19</sup>

You see, once a hormone attaches to a special binding site in a cell, it sends a signal to that cell. And when “androgen” (which is estrogen in disguise) signals cells to reproduce ... VOILA! – you get **unwanted prostate growth! (BHP)**<sup>20</sup>

Now, do you see that even as powerful as Flower Pollen is, it still has its work cut out for itself? Which is why Flower Pollen needs a strong back-up team to get the job done.

That's where Super Prostate Phyto-Nutrient #2 comes in to play.

And how powerful is it? Well, let's just say it's shown to be **2,500 times more potent than Saw Palmetto!**

In fact, you'd have to eat over 2 lbs. of Saw Palmetto berries to get the same results you would get in **just one 250 mg capsule of this miraculous plant extract.**

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## This incredible Phyto-Nutrient Rates High on the International Prostate Symptom Score!

Do you know that Americans have complete access to the same **phytonutrients** that are approved as drugs in Europe to combat urinary symptoms of BHP?

It's true ... and one of the more popular ones is **Super Prostate Phyto-Nutrient Beta-Sitosterol**, which has shown in numerous randomized studies to ease the types of prostate discomfort that afflicts aging men.

Now, you may not know this, (and I certainly didn't) but scientists across the globe evaluate the efficacy of a particular therapy using a measurement system.

The first standard test is the **International Prostate Symptom Score (IPSS)**.<sup>20A</sup>

This ratings system grades a therapy between 0 to 35 (depending on the severity of lower urinary tract symptoms).

I am happy to announce that super phyto-nutrient **beta-sitosterol** passed every single test in regards to improving urinary discomfort, boosting urine flow, etc.

For instance, one test dealt with the amount of residual urine that remains in the bladder called **Postvoid Residual Urine** or PVR. In a randomized, double-blind, placebo-controlled, multi-center study of 200 men with BPH, half the group received 180 mg of beta-sitosterol daily, while the other half received placebo.

After six months, the beta-sitosterol group saw **improvement in the IPS Score, the measurement of urine flow (QMax), as well as the amount of residual urine remaining in the bladder (PUR).**

The beta-sitosterol group showed a **7.4-point decrease in the International Prostate Symptom Score**, compared to a decrease of only 2.1 points in the placebo group. There was a **significant 3.5-fold improvement in the men taking beta-sitosterol**.<sup>21</sup>

Urinary flow improved almost **35% in the group taking beta-sitosterol, compared to only 11% in the placebo group**.<sup>22</sup>

Astonishingly, residual urine in the bladder decreased in men using beta-sitosterol by a remarkable **54%**! (In the placebo group, residual bladder urine declined only around **16%**.)

To confirm these remarkable effects of beta-sitosterol, a study was done and the results were published in the ***British Journal of Urology***, and it involved 177 patients with BPH. Patients received 130 mg of beta-sitosterol each day and were monitored for over six months using the IPSS.

### **CNN News Shocker: 60% of Men Who Have THIS Surgery Are Left Unable to Perform Sexually!**

On a CNN special, Medical Correspondent **Dr. Steve Salvatore** shocked America by quoting a statistic from the prestigious *Journal of American Medical Association*, that said "... about 60% of men who go under the knife for a prostatectomy are left UNABLE to perform sexually!"<sup>34</sup>

That's not all: Certain drugs carry certain side effect that may also inhibit you from ejaculating, as well as cause havoc with your urine flow.<sup>35</sup>

Be safe, not sorry. Always check with your doctor to see if any of your prescribed drugs could in fact cause any of the above problems.

Remember: Just a little swelling of your prostate can give you trouble urinating and prohibit you from getting an erection.

Don't become another statistic! Be proactive and take a prostate health supplement with a proven track record of efficiency.

Take **Hampshire Labs Prostara** – one of the leading prostate formulas on the market today.

On average, urinary flow values increased by 4.5 ml/second while residual urine volumes decreased by a substantial amount. Proving once again that the IPS Scores showed a statistically significant improvement!<sup>23</sup>

Make no mistake: Over 31 years of studies were published in a journal by the *American Medical Association* (1998). In it, scientists closely examined over 18 different trials involving 2,939 men who were treated for BPH with **beta-sitosterol**.

**The final results were overwhelmingly positive in saying beta-sitosterol undoubtedly improved urologic symptoms and urine flow measures!**

You know, it's amazing how open minded the European medical community is compared to ours.

Over there, they're so much quicker to test, and use alternative solutions to help promote and battle health problems. And one of the major health concerns of the prostate is painful inflammation.

Well, have no worries - this popular and effective anti-oxidant herb used in Germany can help relieve that problem. It can also decrease prostate size as well as frequent urination problems.

Introducing, **Prostara's Super-Prostate PhytoNutrient # 3:**

## **This Powerful Anti-Oxidant Herb Slashes Residual Urine Amount by an Astonishing 53%!**

**Stinging Nettle Root (Urtica Dioca)** is a rich, anti-oxidant botanical found in the United States mostly in forests, and mountain areas.

This extract has been used successfully in Germany for prostate disorder therapy and treatment, as well as rheumatoid arthritis.

**Stinging Nettle** also has proven to inhibit enzymes such as 5-alpha Reductase that have shown to cause testosterone to convert to DHT (Which as mentioned earlier is known to cause benign prostate enlargement.)<sup>25</sup>

This phyto-nutrient contains phytochemicals that also have been shown to help treat the urinary symptoms related to **BPH**. It's also proven beneficial in reducing inflammation.<sup>26, 27, 28, 29, 30</sup>

Studies involving a total of over 15,000 men with **BPH** have found significant improvements in prostate size, nighttime urination, urine flow, urination frequency, and residual urine.<sup>31</sup>

In yet another double-blind placebo-controlled study, treatment of 67 men with nettle root produced a 14% improvement in urine flow and a 53% decrease in residual urine.<sup>32</sup>

## **Remember: The Best Defense Against BPH and Other Urinary Ailments is a Good Offense!"**

I want to thank you for taking the time to read this Special Report. It shows me you are truly serious about one thing:

That you're savvy enough to realize the only person who can make a profound difference in your prostate health is NOT your doctor, not your family ... it's you!

No one will put the time and effort into exploring different, cost effective, and proven alternative solutions to fighting the uncomfortable effects of **prostatitis and BPH** – than you!

Unfortunately, these days it's a double edged sword. Women get support groups to deal with

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their female related health problems (i.e. breast cancer etc.) Men do not. At last count, I haven't found any men's health fundraisers that promote "Prostate Health Awareness Week ..."

Instead, informed men like yourself take matters into their own hands and become proactive towards their health ...

Then of course, there are other men who sufferer in silence. They give into the notion that painful peeing and enlarged prostates are just a fact of getting older and end up living with the discomfort, or taking drugs (or worse yet, end up having to get surgery!)

BULL! I don't believe in having to go that route, or taking that mind-set, and neither should any other man! TODAY, that type of thinking ends....

TODAY, you don't have to suffer in silence again and accept the status quo of a bladder that feels like it's going to burst....

**TODAY, I want to be your health advocate and promise to do everything I can to help give your painful prostate the relief you deserve!**

And to make that happen, I want to do everything I can to get my effective **Prostara with Flower Pollen** into your hands at a low price. And, why would I do that?

Because I refuse to do what some marketers do: And that's getting you to pay extra for ingredients that won't empty your bladder (but instead will empty your wallet!)

You see, certain supplement companies figure if they dazzle you with more ingredients (regardless if they work, or not), they can justify charging you a higher price.

Not so with **Hampshire Labs** proprietary formula. **You are GUARANTEED to get the three necessary, proven pharmaceutical grade phyto-nutrients that can deliver you relief – PLUS promote a healthy prostate for you!**

Not like some other supplement marketers who use low-grade ingredients and dosages that have no scientific studies to back up their efficiency.

Oh, and if they do use proven ingredients, they're in **such minuscule amounts – they won't make a hill-of-beans difference to your prostate health anyway!**

Recently, I came across a formula from a well-known catalogue company (whose name I will not mention.) I couldn't help but shake my head in disbelief at their ingredients/dosages. Are you ready for this? Beta-Sitosterol: 20mg and no Flower Pollen what-so-ever!

Well, rest easy in your purchase today, because with **Prostara** with Flower Pollen you will get the proven clinical recommended dosages of 250mg of Flower Pollen, 75mg Beta-Sitosterol and 75mg nettle root.

Oh, and if you are wondering why **Hampshire Labs** supplements are reasonably priced ... Here's why: We serve direct to you – there is no middlemen to pay, or hidden costs that other manufacturers pass on to the customer. This way, we can keep a close watch on quality.

And to prove it to you, I've instructed my marketing department to give you the LOWEST

## **Phytotherapies Used Throughout the World to Promote Prostate Health!**

Throughout the world, phytotherapies that include phytonutrients like Flower Pollen are used frequently in promoting prostate health.

For instance, in Germany and Austria, physicians prescribe phytotherapy for mild and moderate benign **prostatic hyperplasia** in 90% of cases.

And in Italy, **phytotherapeutics** are used for **BPH** in 50% of cases.<sup>24</sup>



price on **Prostara with Flower Pollen** (without my accountant pulling out what little hair he has left!)

And best of all – 24/7 Relief and Total Prostate Protection can all be yours for less than a \$1 a day!

## **Limited Time Offer: Get a 3 Month's Supply of Prostara with Flower Pollen FREE! (\$119.95 Value)**

Once again, it's your hard earned money. That's why I insist on earning your trust and proving what my new safe (with no side effects) drug-free prostate formula can truly do for you!

So here's my no-brainer offer: Simply order **Hampshire Labs Prostara with Flower Pollen** within 7 days, and I'll quickly send you up to a 3 months supply! (\$119.95 Value) – absolutely FREE!

While it is fresh on your mind, either use the convenient VIP Order Form included on the back of this letter, or call us right now at **1-800-279-5517**. And have no worries. As always, you have **Hampshire Labs**.

## **100% "Iron Clad" One-Year Money Back Guarantee, Plus!**

Imagine regaining a youthful prostate function ... imagine getting a steady stream and emptying your bladder so you don't have to urinate all the time ... imagine night after night of uninterrupted, blissful sleep!

THEN imagine your urologist saying to you at your next visit:

***"I don't know what you are doing ... but keep doing it.  
Your PSA exam came back, and your numbers are excellent!"***

Well, that dream can be a reality, once you use **Prostara with Flower Pollen** daily. I do, and it's made a world of difference in my life and thousands of other men across America.

One last thing. In fact, I couldn't sleep at night if I didn't close by saying this to you:

**Please don't become another statistic in this country with the possibility of having to depend on toxic drugs, or worse yet – having to go under the knife!**

You really owe it to yourself to take control of your urological health and give your prostate the nutrients it needs to function properly ...

Plus, if it doesn't work for you, send any remaining unused portion back within one year for a full refund, **PLUS** I'll give you an extra \$10.00 cash just for trying **Prostara**.

Give yourself the edge with **Hampshire Labs Prostara with Flower Pollen**. I look forward to personally welcoming you to the family of thrilled **Hampshire Labs** customers.

Wishing you a long, pain-free and healthier life,



President of Hampshire Labs

P.S. IMPORTANT: My suppliers are giving me grief these days. It seems the demand for these potent phyto-nutrients is as high as ever. And because they are, there's a strong likelihood the price of manufacturing them is going to rise in the near future!

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Unfortunately, when it does, the price of **Prostara** will have to rise, too. (And I don't want you to pay more if you don't have to, right?) Therefore, to presently control costs I only ordered a limited amount of bottles.

Here's how you can benefit now: Reserve and order your bottle(s) within 7 days and I will LOCK in the low price for you forever! Even if I have to raise the price, as a VIP Customer you will never see that increase. Fair enough? (And besides, the more bottles you order, the more money you will save right off the bat!)

My advice? Go to the VIP Order page and mail it back to us. **Or for FASTER SERVICE, order right now by calling 1-800-279-5517.**

P.S.S. Will you do me a small favor? Once you order **Prostara with Flower Pollen** and start getting relief, please drop me off a short note telling me all about it.

The products and the claims made about specific products on or through this letter have not been evaluated by the United States Food and Drug Administration (FDA) and are not approved to diagnose, treat, cure or prevent disease. Clinical trials are organized studies that test the value of various treatments to support health and nutrition in human beings.

**Warning: Never go off of any medications without consulting with your physician first!**

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